

# JANUARY



#### BREAKFAST MENU

January 1	<b>January</b>	1
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3 4 Chicken Waffle Sandwich

Belgian Maple Waffle Chocolate Spread Apple

8

Mini Pancake Bites & Svrup Pear Cup

**Breakfast Calzone** 

Whole Apple

10 Chocolate Muffin Peach Cup

11

Mixed Fruit Cup

Saint Paul Sunrise Croissant Banana

**12** 

Mini Cinnamon Rolls Apple Slices

15



16

9

Egg & Cheese **Breakfast Burrito** Apple

17

Apple Cinnamon Muffin Strawberry **Applesauce** 

18

Saint Paul Sunrise Sandwich Banana

19

Belgian Maple Waffle Chocolate Spread Apple Slices

22

Mini Pancake Bites & Syrup Pear Cup

23

Breakfast Calzone Whole Apple

24

Chocolate Muffin Peach Cup

25

Saint Paul Sunrise Croissant Banana

26



29

Chicken Waffle Sandwich Mixed Fruit Cup 30

Egg & Cheese **Breakfast Burrito Apple** 

31

Apple Cinnamon Muffin Strawberry **Applesauce** 

February 1

Saint Paul Sunrise Sandwich Banana

Belgian Maple Waffle Chocolate Spread Apple Slices

# DAILY CHOICES

- Assorted Cereals
- Yogurt or Smoothie
- String Cheese
- Rice Bowl
- Juice
- Milk

For nutrient & allergen information, visit SchoolCafe.com/SPPS. This institution is an equal opportunity provider.

Menu subject to change.



## JANUARY



### LUNCH MENU

#### January 1



**Beef Nachos** Cheese Sauce Refried Beans Tortilla Chips Choice Bar

Cheeseburger OR Veggie Burger Potato Wedges **Galaxy Sauce** Choice Bar

Crispy OR Spicy Chicken Sandwich Potato Wedges Galaxy Sauce Choice Bar

Mongolian Beef OR Tofu Jasmine Rice Broccoli Choice Bar

10 **Beef Nachos** Cheese Sauce Refried Beans Tortilla Chips Choice Bar

11 MN THURSDAY Chopped Cheese Sandwich Made with Local Beef Potato Wedges Choice Bar

12 Italian Dunker Marinara Sauce Mixed Vegetables Chocolate Chip Cookie Choice Bar

15

16 Teriyaki Chicken ÓR Tofu Jasmine Rice Broccoli Choice Bar

17 TACO DAY Seasoned Beef Refried Beans Shredded Cheese Tortilla Shells Choice Bar

18 Crispy OR Spicy Chicken Sandwich Potato Wedges Galaxy Sauce Choice Bar

19 Cheese OR Turkey Sausage Pizza Make your own Caesar Salad Choice Bar

22 Glazed Chicken Bites with Garlic Toast OR **Grilled Cheese** Potato Wedges Choice Bar

23 Beef OR Tofu Bulgogi Jasmine Rice Broccoli Choice Bar

Oven Fried Chicken Original OR Nashville and Corn Muffin **OR Grilled Cheese** Mashed Potatoes Choice Bar

25 Cheeseburger OR Veggie Burger Potato Wedges Galaxy Sauce Choice Bar

29

Chicken Parmesan with Pasta and Marinara Sauce **Garlic Toast** Choice Bar

30

Orange Chicken OŘ Tofu Jasmine Rice Broccoli Choice Bar

31

24

Pancake Chicken Sausages Hash Browns Choice Bar

February 1

Beef Nachos Cheese Sauce Refried Beans Tortilla Chips Choice Bar

2

26

Roasted Chicken Drumstick and French Bread **OR Grilled Cheese** Yellow Rice Mixed Vegetables